

CPD

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Safely.

Corporate
Course
Catalogue (fleet specific)



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Who we are

Canadian Pro Drivers Inc. (CPD) began in 1967 with one fundamental goal: *to promote driver safety from an entirely new prospective – teaching drivers to **THINK** before they react.* Our training is based on the knowledge that over 90% of all collisions are caused by mental errors not the lack of physical skill. Using advanced and innovative teaching methodology, we match the student's needs and learning styles with knowledge-specific trainers who can make training more relevant to each individual – **a formula that has made Canadian Pro Drivers one of the most successful hands-on training companies in Canada.**

Canadian Pro Drivers Inc. is the official driver training company for Bell and Rogers division's across Canada, Expertech, The Canadian Cancer Society, The Children's Aid Society, Premier Haulaway, Chrysler, the Ministry of Labour, Hydro One and many other government and corporate clients. The fact that we have been with these companies for so many years is a testament to our ability to grow with our customers, responding quickly to their needs.

What is PTP?

PTP is our highly successful, proprietary approach to driver training that combines three main elements: **Psychological, Theoretical and Practical** approaches to teaching. What does that mean? It means we believe driver training begins with an understanding of human behavior and learning that is specific to the individual. Using the findings of clinical psychologists and the Myers-Briggs Personality Type Indicator (MBTI) method, CPD has developed a set of comprehensive guidelines to driver training that incorporates complex assessments of driving personality with the tenets of learning theory. These guidelines form the method we call PTP.

Customized Solutions

Before we start working with your drivers, we start working with you. Our years of experience have prepared us for the varied needs of your company. Do your drivers work in an emergency, delivery or technical support capacity? Are they called upon to find addresses, answer dispatch, maneuver in confined areas, and park in difficult areas like main streets? Does your company have a history of collisions? Once we complete an analysis of the job requirements and traveling environment of your drivers, we can customize a training methodology that will deliver the desired outcome for your company.

Why it works: The benefits of a customized solution

Less time. Less cost. A customized program addresses company and driver training needs while being mindful of your bottom line. We do this by:

1. Learning the needs of the drivers
2. Familiarizing ourselves with the specialized or variety of vehicles the drivers use
3. Understanding the drivers' daily workload and routes.



Corporate Training Programs

Rational:

Companies' view **risk management** as a core value. As such it is critical that all employees who have a reason to drive a company vehicle not only understand and practice preventative driving skills and techniques but also be viewed as responsible and professional drivers.

To assist companies in their efforts and commitment to safety, Canadian Pro Drivers has created a corporate course catalogue that on it's own or with modifications through collaborations with company officials, will reinforce and enhance their risk management philosophy.

Catalogue content:

Course #	Defensive Driving Courses (DDC)	Length
▪ CPD-1.1	New hire assessment program (in-vehicle)	½ day
▪ CPD-1.2	New hire training + assessment (theory / in-vehicle)	full day
▪ CPD-2.1	THINK – The professional driver (theory)	full day
▪ CPD-2.2	The speeding personality (theory with an emphasis on speeding)	½ day
▪ CPD-2.3	The distracted personality (theory with an emphasis on distractions)	½ day
▪ CPD-3.1	Backing (theory / practical)	½ day
▪ CPD-3.2	Backing and on-road (practical)	½ day
▪ CPD-4.1	Collision avoidance (theory / in-vehicle / skid control)	full day
▪ CPD-4.2	Collision avoidance (theory / skid control)	½ day
▪ CPD-5.1	Trailer awareness (yard)	½ day
▪ CPD-5.2	Trailer assessment (yard / on-road)	full day
▪ CPD-5.3	Trailer training (theory / yard / on-road)	1 ½ days
▪ CPD-6.1	ATV or Snowmobile (practical)	full day
▪ CPD-7.1	Fleet collision review (group)	full day
▪ CPD-7.2	Individual collision review	½ day
▪ CPD-7.3	Managers' ride-along training program	full day
▪ CPD-8.1	Team building/professional development	½ day
▪ CPD-8.2	Team building/professional development	full day
▪ CPD-9.1	E-Learning program	(full program)
▪ CPD-9.2	E-Learning hazard perception	(22 min)
▪ CPD-9.3	E-Learning module specific (i.e. winter driving, speeding, etc.)	(18 min/per)

All programs are based on sound adult learning principles and conducted by Ministry of Transportation Certified Professional Supervisory Driver Instructor Trainers.



CPD-1.1 New hire assessment program (in-vehicle)

(1/2 day)

This program is suitable for all new hires and drivers that may have point violations, collisions or reported driving infractions. This is for in-vehicle driver assessments only. Drivers learn that the driving environment is constantly changing. Techniques used to manage these changing can have a significant impact on a driver's chances of being involved in a crisis. Through the utilization of basic vision, space and communication skills, drivers learn how they can be effectively applied to reduce chances of being involved in a crisis.

Learning outcomes: All drivers will be assessed on their driving ability regarding following areas;

- Space management skills with vans (following distances, passing, etc.)
- Vehicle management skills (driving style, braking, accelerating cornering etc.)
- Traffic management skills, handling the vehicle in traffic (driving green)
- Stress management skills while driving (distractions)
- Reversing and parking skills (for a van)
- Comprehension of the Highway Traffic Act (rolling stops, crosswalks, speed, etc.)

Method:

- All participants will be in a van for a total of approx. 4 hours, with a minimum of 60 minutes of actual behind the wheel evaluation.

Location:

- Parking lot, local roads and expressways

Time lines:

- 4 hours

Results:

- A written evaluation will be presented to all applicants at the end of the course with a pass or fail designation.



CPD-1.2 New hire training and assessment (theory / in-vehicle)

(full day)

This program is a cost effective way to both assess your drivers, while at the same time provide them with actual "hands-on training". Advancing technology in automobiles, increasing traffic density and the methods used to control traffic are constantly changing. Techniques used to manage this change can have a significant impact on a driver's chances of being involved in a crisis. Through the utilization of basic vision, space and communication skills, drivers learn how they can be effectively applied to reduce chances of being involved in a crisis.

Learning outcomes:

- To understand how attitude, values and personality affects your driving
- To understand Provincial traffic laws and local traffic issues
- Understanding space management: How the brain interprets the way we physically react to the things we see
- Understanding vehicle dynamics: Different vehicles have to be driven differently

Classroom:

Part 1: Attitude and its role in defensive driving

Part 2: The 3 keys to defensive driving (The physical skills to be able to put the attitude into practice)

Part 3: Distractions: vehicle and job specific

In-vehicle component: Participants will be instructed on the proper techniques and positioning for;

- Best view prior to reversing
- Risk perception
- Mitigating risk
- Communicating with others
- 3 keys of defensive driving
- Traffic positioning, s-turn, staggered stops etc.

Method:

- All participants will be involved in actual hands-on in-vehicle training, both in the parking lot and on the road in real traffic situations (rural and expressway).

Debriefing:

- Wrap up through feedback



CPD-2.1 THINK – The professional driver (theory)

(full day)

This program is based on the Myers-Briggs Personality Type Indicator and will provide the drivers with the tools and understanding that will lead to a change in their driver behaviour. Drivers learn that the driving environment is constantly changing and that our driver personalities have an immense contribution as to how we interpret information. We all see hazards differently and how we respond to our advancing technology in automobiles and increasing traffic density all contribute to these changes. Techniques used to manage this change can have a significant impact on a driver's chances of being able to mitigate risk. Through the utilization of basic vision, space and communication skills, drivers learn how they can be effectively applied to reduce the chances of being involved in a collision.

Learning outcomes:

- To understand how attitudes and personality affects your driving
- To understand how to manage conflict and distractions reducing the risk of collisions while driving
- To understand how the H.T.A. and the C.V.O.R. process affects them and the company
- To understand vehicle dynamics regarding weight transfer and speed
- To understand how crashes and demerit points effect their lives / values
- To understand how “driving green” helps the environment and the pocketbook
- To understand the 3 defensive driving keys

Method:

- Facilitator led self-discovery and Socratic methodology. (Based on the Myers-Briggs Personality Types Indicator)

Audio-visual aids:

- Power point presentation “THINK – The professional driver”
- Workbook included



CPD-2.2 The speeding personality (theory with an emphasis on speeding)

(1/2 day)

This program is designed as a remedial program for drivers that have speeding issues. The program is based on the Myers-Briggs Personality Type Indicator and will provide the drivers with the tools and understanding that will lead to a change in their driver behaviour. Drivers learn that the driving environment is constantly changing and that our driver personalities have an immense contribution as to how we interpret information. We all see hazards differently and how we respond to our advancing technology in automobiles and increasing traffic density all contribute to these changes. Techniques used to manage this change can have a significant impact on a driver's chances of being able to mitigate risk.

Learning outcomes:

- To understand how attitudes and personality affects your driving
- To understand how to manage and reduce the risk of collisions while driving
- To understand how the H.T.A. and the C.V.O.R. process affects them and the company
- To understand vehicle dynamics regarding weight transfer and speed
- To understand how crashes and demerit points effect their lives / values
- To understand how "driving green" helps the environment and the pocketbook
- To understand the 3 defensive driving keys

Method:

- Facilitator led self-discovery and Socratic methodology (Based on the Myers-Briggs Personality Types Indicator).

Audio-visual aids:

- Power point presentation "Speeding – THINK"

Time lines:

- 4 hours



CPD-2.3 The distracted personality (theory with an emphasis on distractions)

(1/2 day)

This program is designed as a remedial program for drivers that have distraction issues. The program is based on the Myers-Briggs Personality Type Indicator and will provide the drivers with the tools and understanding that will lead to a change in their driver behaviour. Drivers learn that the driving environment is constantly changing and that our driver personalities have an immense contribution as to how we interpret information. We all see hazards differently and how we respond to our advancing technology in automobiles and increasing traffic density all contribute to these changes. Techniques used to manage this change can have a significant impact on a driver's chances of being able to mitigate risk.

Learning outcomes:

- To understand how attitudes and personality affects your driving
- To understand how to manage conflict and distractions reducing the risk of collisions while driving
- To understand how the H.T.A. and the C.V.O.R. process affects them and the company
- To understand vehicle dynamics regarding weight transfer and speed
- To understand how crashes and demerit points effect their lives / values
- To understand how "driving green" helps the environment and the pocketbook
- To understand the 3 defensive driving keys

Method:

- Facilitator led self-discovery and Socratic methodology (Based on the Myers-Briggs Personality Types Indicator).

Audio-visual aids:

- Power point presentation "Distractions – THINK"

Time lines:

- 4 hours



CPD-3.1 Backing (theory / practical)

(1/2 day)

Most collisions are due to backing and maneuvering in confined spaces. This program is specifically designed to teach drivers the proper backing techniques for their company specific vehicle.

Theory: "Why we drive the way we do"

Learning outcomes:

- To understand how attitude affects our driving
- To understand Provincial traffic laws and local traffic issues
- To understand the needs of the professional driver
- To understand and correct their own driving errors
- To understand the 3 keys of defensive driving
- To understand risk management

Audio-visual aids:

- Power point "THINK – The professional driver"

Method:

- Socratic

Parking lot portion: Reversing / Parking / Rodeo

- Mirror adjustments, blind spots and blind areas
- Pre-check and post-check
- Roadside stop and cone placement
- Position for best view
- 45° reverse backing (blind side and sight side) with final quarter check
- Off set reversing gates
- "Ping-Pong" mirror scanning when reversing

Location:

- Classroom and parking lot

Method: Demonstration, Coaching and discovery

- Our "edutainment" style training culminates in a great team building competitive 'RODEO' exercise complete with prizes for the winning team. These exercises are performed in actual company specific vehicles and are designed to complement the knowledge of the drivers by providing them with actual hands-on practical experience.



CPD-3.2 Backing and on-road (practical)

(1/2 day)

This program is an entirely "hands-on" practical training session; designed to solve your drivers backing problems as well as to enhance their on-road driving skills.

Learning outcomes:

- The dynamics of the company specific vehicle in confined spaces
- Their own current driving patterns and where needed correct them
- The H.T.A and its role in driver safety
- The need for constant thought and concentration during the driving task
- The 3 keys of basic driving and how to minimize their risk of collisions

On-road portion: The 3 keys of professional driving

Eyes: An interactive approach to understanding the role that the brain plays in interpreting what we see, especially in the traffic environment.

Five Risks: Identifying the five risk areas for collisions allows drivers to manage and minimize the risk and thus avoid potential collisions.

Communication: Driving is a shared experience with others and we must be able to communicate with our partners on the road in such a way as to assist them in making the right choices.

Method:

- Rolling classroom & CPD's commentary driving

Parking lot portion: Reversing / Parking / Rodeo

- Mirror adjustments, blind spots and blind areas
- Pre-check and post-checks
- Depth perception (front and rear)
- Positioning for best view prior to reversing (blind side and sight side)
- Double off-set reversing gates

Location:

- Parking lot, local roads and expressways

Method: Demonstration, Coaching and discovery

- These exercises carried out in actual company vehicles are designed to complement the knowledge of the drivers by providing them with actual hands-on practical experience Each driver will have the opportunity to learn the maneuvers demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment. This short but very powerful training experience will have a great and lasting impact on all the participants.



CPD-4.1 Collision avoidance (theory / in-vehicle / skid control)

(full day)

This is our most comprehensive program for the professional driver. Drivers will learn and practice "Collision Avoidance Techniques" under everyday and adverse driving conditions (skid control/winter driving). This interactive course discusses personalities, behavior and their relationship to how we, and other drivers conduct themselves while driving. Drivers will be asked to overcome "old" habits by making adjustments to their driving philosophy. In doing so, they are able to develop methods to reduce the risk of being involved in a crisis. When making these adjustments and applying the techniques learned, drivers will think about creating and managing the safest driving environment possible.

Learning outcomes:

- Learning how personality affects driving
- Understanding the decision making process and the consequences of their decisions
- Identify current driving habits and correct where needed
- Understanding that crashes are predictable and preventable
- Understanding the critical role vision plays in the operation of a motor vehicle especially in times of panic
- Crash avoidance techniques and skid recovery skills
- A better understanding of a vehicle's braking system including anti-lock braking (ABS)
- To gain a better perspective of the complex tasks associated with driving
- Understanding that driving requires 100% attention, 100% concentration 100% of the time

Location:

- Local roads, expressways and skid pad

Method:

- Rolling classroom & CPD's commentary driving

This defensive driver-training course is divided into three segments:

- 2 hrs. Classroom "Think – The professional driver"
- 2 hrs. In-vehicle (hands-on driver training on rural and urban roads)
- 4 hrs. Collision avoidance techniques (skid pad)



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CPD-4.2 Collision avoidance (theory / skid control)

(1/2 day)

This half-day program concentrates on providing drivers with the skills necessary to minimize the risk of collisions and injuries if they lose control of their vehicle. This interactive course discusses personalities, behaviors and their relationship to how drivers conduct themselves while behind the wheel. Drivers will be asked to overcome "old" habits by making adjustments to their driving philosophy. In doing so, they are able to develop methods to reduce the risk of being involved in a crisis.

Learning outcomes:

- Understanding the decision making process and the consequences of their decisions
- Identify current driving habits and correct where needed
- Understanding the critical role vision plays in the operation of a motor vehicle especially in times of panic
- Crash avoidance techniques and skid recovery skills
- A better understanding of a vehicle's braking system including anti-lock braking (ABS)
- To gain a much better perspective of the complex tasks associated with driving
- Understanding that driving requires 100% attention, 100% concentration 100% of the time.

Location:

- Skid pad ONLY

Time lines:

- 4 hours collision avoidance techniques (skid)



CPD-5.1 Trailer awareness (yard)

(1/2 day)

This program is a refresher course designed for experienced trailer pulling drivers.

Learning outcomes:

- The dynamics of their specific vehicle and maneuvering in confined spaces
- Their own current driving patterns and where needed correct them
- The H.T.A., the C.V.O.R. process and their role in driver safety
- The need for constant thought and concentration during the driving task
- The 3 keys of basic driving and how to minimize their risk of collisions

Parking lot portion: Reversing / Parking / Hooking & Unhooking

- Pre-check and post-check
- 90° reversing (blind side and sight side)
- Hook and unhook
- Loading and unloading
- Load securement

Location:

- Parking lot

Method: Demonstration, coaching and discovery

- These exercises are performed in actual company vehicles and are designed to complement the knowledge of the drivers by providing them with actual hands-on practical experience. Each driver will have the opportunity to learn the manoeuvres demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment. This short but powerful training experience will have a great and lasting impact on all participants.



CPD-5.2 Trailer assessment (yard / on-road)

(full day)

This course is designed as an assessment / training program for those drivers that have had some experience driving while pulling a trailer.

Learning outcomes:

- The dynamics of their specific vehicle and maneuvering in confined spaces
- Their own current driving patterns and where needed correct them
- The H.T.A., the C.V.O.R. process and their role in driver safety
- The need for constant thought and concentration during the driving task
- The 3 keys of basic driving and how to minimize their risk of collisions

On-road portion: The 3 keys of professional driving

- An interactive approach to understanding the role that the brain plays in interpreting what we see in the traffic environment
- Recognizing the five risk areas for collisions allows drivers to minimize the danger and thus avoid potential collisions
- Driving is a shared experience with others and we must be able to communicate with our partners on the road in such a way as to assist them in making the right choices

Method:

- Rolling classroom & CPD's commentary driving

Parking lot portion: Reversing / Parking / Hooking & Unhooking

- Pre-check and post-check
- Off tracking and tail swing
- Mirror adjustments, blind spots and blind areas
- 90° reversing (blind side and sight side)

Location:

- Parking lot, local roads and expressways

Method: Demonstration, coaching and discovery

- These exercises are performed in actual company vehicles and are designed to complement the knowledge of the drivers by providing them with actual hands-on practical experience. Each driver will have the opportunity to learn the manoeuvres demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment. This short but powerful training experience will have great and lasting impact on all participants.



CPD-5.3 Trailer training (theory / yard / on-road)

(1 ½ days)

This course provides drivers (**with little or no trailer pulling experience**) the skills necessary to drive a vehicle while pulling a trailer. Drivers learn that the driving environment is constantly changing. Advancing technology in automobiles, increasing traffic density and the methods used to control traffic all contribute to these changes. Techniques used to manage this change can have a significant impact on a driver's chances of being involved in a crisis. Through the utilization of basic vision, space and communication skills, drivers learn how they can be effectively applied to reduce the chances of being involved in a collision.

Learning outcomes:

- To understand how attitude, values and personality affects their driving
- To understand Provincial traffic laws and local traffic issues
- To understand how to manage and reduce the risk of collisions while driving
- To understand specific vehicle dynamics (weight transfer and speed)
- To understand the H.T.A. and the C.V.O.R. process

Method:

- This will be achieved through an interactive classroom facilitator lead socratic session

Audio-visual aids:

- Power point presentation "THINK - How to get around a corner"

On-road portion: The 3 keys of professional driving

- An interactive approach to understand the role that the brain plays by interpreting what we see, and how we decipher the information especially in the traffic environment.
- Recognizing the five risk areas allows drivers to minimize the danger and thus avoid potential collisions
- Driving is a shared experience with others and we must be able to communicate with our partners on the road in such a way as to assist them in making the right choices

Method:

- Rolling classroom & CPD's commentary driving

Cont'd...



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Parking lot portion: Reversing / Parking / Hooking & Unhooking

- Pre-check and post-check
- Off tracking
- Tail swing
- Mirror adjustments
- Blind spots and blind areas
- 90° reversing (blind side and sight side)

Location:

- Parking lot, local roads and expressways

Time lines:

- 6.5 hours

Method: Demonstration, coaching and discovery

- These exercises are performed in actual company vehicles and are designed to complement the knowledge of the drivers by providing them with actual hands-on practical experience. Each driver will have the opportunity to learn the manoeuvres demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment.

Companies are responsible for providing:

- Classroom facility
- 1 licensed vehicle with hitch
- 1 licensed / road worthy trailer



CPD-6.1 ATV or Snowmobile (practical)

(1 day)

This course is designed for those who have driven a snowmobile or ATV for pleasure but now need to drive this vehicle as a requirement for their work.

Learning outcomes:

- The dynamics of the specific vehicle (weight and balance)
- Their own current driving patterns and where needed correct them
- The H.T.A. and its role in driver safety
- The need for constant thought and concentration during the driving task
- The 3 keys of basic driving and how to minimize their risk of collisions

Parking lot portion: Reversing / Parking / Hooking & Unhooking

- Pre-check and post-check
- Off tracking and tail swing
- Mirror adjustments
- Blind spots and blind areas
- 90° reversing (blind side and sight side)

Field and slops portion:

- Pre-check and post-check, safety features
- Starting and stopping
- Controlled cornering, weight transformation and slop approach
- Sled loading and unloading

Location:

- Parking lot, fields and hills

Method: Demonstration, coaching and discovery

- These exercises are preformed with actual company vehicles and are designed to complement the knowledge of the drivers by providing them with actual hands-on practical experience. Each driver will have the opportunity to learn the manoeuvres demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment. This short but powerful training experience will have a great and lasting impact on all the participants.

Companies are responsible for arranging:

- Parking lot
- Field with slops
- 1 licensed vehicle with hitch
- 1 licensed trailer
- 2 snowmobiles (for practical portion)



CPD-7.1 Fleet collision review (group)

(full day)

This program is designed for drivers that have been involved in collisions and where it is likely that skill rather than distraction maybe an issue. Drivers learn that the driving environment is constantly changing. Advancing technology in automobiles, increasing traffic density and the methods used to control traffic all contribute to these changes. Techniques used to manage these changes can have a significant impact on a driver's chances of being involved in a crisis. Through the utilization of basic vision, space and communication skills, drivers learn how they can be effectively applied to reduce chances of being involved in collisions.

Learning outcomes:

- Understanding how attitude, values and personality affects driving
- To understand Provincial traffic laws and local traffic issues
- Understanding space management: How the brain interprets the way we physically react to the things we see
- Understanding vehicle dynamics: different vehicles must be driven differently

Classroom:

Part 1: Attitude and its role in defensive driving

Part 2: The 3 keys to defensive driving (The physical skills to be able to put the attitude into practice)

Part 3: Distractions; vehicle and job specific

Method:

- Actual case studies from the company's collision analyses' are introduced to collision reviewers (the drivers) and they get to examine the reports that lead to the crash and interview the driver (CPD facilitator) of the crash. A solution to that type of crash is developed and implemented by the reviewers (the drivers)

In-Vehicle component: Participants will be instructed on the proper techniques and positioning for;

- Best view prior to reversing
- Risk perception and mediating risk
- Communicating with other road users
- 3 keys of defensive driving
- Traffic positioning, s-turn, staggered stops etc.

Method:

- All participants will be involved in actual hands-on, in-vehicle training, both in the parking lot and on the road in actual traffic situations (rural and expressways)

Debriefing:

- Wrap up through feedback



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CPD-7.2 Individual collision review

(1/2 day)

This program is designed for drivers that have been in collisions where it is likely that driving distraction rather than driving skill maybe an issue. Advancing technology in automobiles, increasing traffic density and the methods used to control traffic all contribute to these changes. Techniques used to manage this change can have a significant impact on a driver's chances of being involved in a crisis.

Learning Outcomes:

- To understand how attitude, values and personalities affects their driving
- To understand Provincial traffic laws and local traffic issues
- Understanding space management: How the brain interprets information
- Understanding vehicle dynamics: different vehicles must be driven differently

Method:

- A case study of the actual collision is reviewed with the participant and the driver confirms the determination of preventability. A re-visit to the collision site and the particulars that lead up to the crash are confirmed, at this point the drive to the collision site is shared with the driver and a solution is developed and implemented on how to avoid this type of collision in the future as well as any other weakness that may be evident in his/her driving (rural and expressways).

Debriefing:

- Wrap up through feedback



CPD-7.3 Managers' ride-along training program

(full day)

In the past fleet managers' have felt inadequate in coaching their drivers, as they have little to no reference to work with. This course is designed to give managers' the tools that will allow them to coach their drivers with the confidence to correct improper driving habits and reinforce safe defensive driving techniques.

Learning Outcomes:

- Understand different driving personalities
- Ability to communicate the major causes of collisions and provide clear options for managing risk
- Ability to coach their drivers to the company's risk management needs on the road
- Have a greater degree of confidence in coaching (ride-along) and provide defensive driving solutions to their drivers
- Understand the "New hire's defensive driving program"

The Managers' ride-along program consists of the following 3 components:

Part 1: Classroom

- Understanding the coaching process
- Attitude, distractions and managing conflicts
- The highway traffic act and local traffic issues
- Understanding the five areas of risk

Part 2: In-vehicle reverse narration & evaluation techniques

- Coaching techniques and effectively using the ACE method
- Reverse narration
- Parking 45° blocker position
- Proper set-up and use of mirrors
- Traffic positioning, s-turn and staggered stops
- Space management

Part 3: Rodeo / Maneuvering in confined spaces

- Setup of the rodeo exercises
- Blind areas
- Positioning for best view
- Off set component
- Circle check



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CPD-8.1 Team building / professional development

(½ day)

This interactive course discusses personalities, driver behaviour and their relationship to how we, and other drivers conduct themselves while driving. Drivers will be asked to overcome “old” habits by making adjustments to their driving philosophy. In doing so, they are able to develop methods to reduce the risk of being involved in a crisis. When making these adjustments and applying the techniques learned, drivers will think about creating and managing the safest driving environment possible.

Learning Outcomes:

- Understanding the decision making process and the consequences of their decisions
- Identify current driving habits and correct where needed
- A better understanding of the critical role vision plays in the operation of a motor vehicle especially in times of panic.
- To gain a much better perspective of the complexities associated with driving
- Understanding how important vision plays in the driving task
- A better understanding of “cooperative” driving
- Knowing that driving requires 100% attention, 100% concentration 100% of the time

Method:

- This program is carried out in teams utilizing actual company vehicles, and is designed to complement the knowledge of the driver’s by providing them with actual hands-on practical experience. Each driver will have the opportunity to learn the manoeuvres demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment. This short but powerful training experience will have a great and lasting impact on all the participants. A prize is awarded to the winning team.



CPD-8.2 Team building / professional development

(full day)

This highly inter-active full day "edutainment" program combines a valid defensive driving learning experience with a great team-building component. Using our proprietary PTP methodology (based on the Myers Briggs Personality Type Indicator) each person will discover his or her driving risk personality. They will then be split into teams according to their personality type and proceed to take part in a motor vehicle "Rodeo" event. This is a great learning experience that has proven to increase efficiency in the workplace as well as changing your drivers' behaviour.

Learning Outcomes:

- Understanding the decision making process and the consequences of their decisions
- Identify current driving habits and correct where needed
- A better understanding of the critical role vision plays in the operation of a motor vehicle especially in times of panic.
- To gain a much better perspective of the complexities associated with driving
- Understanding how important vision plays in the driving task
- A better understanding of "cooperative" driving
- Knowing that driving requires 100% attention, 100% concentration 100% of the time

Method:

- This program is carried out in teams utilizing actual company vehicles, and is designed to complement the knowledge of the driver's by providing them with actual hands-on practical experience. Each driver will have the opportunity to learn the manoeuvres demonstrated, providing them with the appropriate tools necessary to continue to practice their skills properly in their driving commitment. This short but powerful training experience will have a great and lasting impact on all the participants. A prize is awarded to the winning team.



CPD-9.1 E-learning program

(full program)

This great program is in many ways. For those companies that have many drivers in different locations, this program provides great driver training awareness in a cost effective and time efficient manner. For those companies that wish to enhance and embed safety in their drivers on a continual basis yet in a very cost effective manner, this course will do a great job. Our e-learning high definition web based programs have proven effective in continuing to embed the philosophy of safety into all drivers. This user friendly, high quality program will look after a company's motor vehicle fleet risk management needs.

Our state of the art “**hazard perception evaluation**” is a risk identification analysis tool designed to identify high-risk drivers based on their ability to identify potentially dangerous situations that happen every day on our roadways. It measures the perceived acceptable driving risk of each individual driver. It has the ability to identify a fleet's high-risk driver and provide specific targeted training modules to correct the individual deficiencies. The HP evaluation assesses an individual's performance in six core competency areas: Danger Zones, The Other Motorist, Space Management, Speed Management, Scanning and Attitude.

Learning outcomes:

- To understand how attitudes and personality affects your driving
- To understand managing and reducing the risk of collisions while driving
- To understand vehicle dynamics
- To understand how distractions affect our driving
- To understand the total driving picture
- To understand how driving “green” helps the environment
- To understand the 3 defensive driving keys

Method:

- This will be achieved through a highly interactive web based 24/7-access portal, of 20 full-motion HD video footage, vehicle and location specific, followed by 28 multiple-choice questions. The simulation section presents the driver with a view from behind the wheel as well as rear-view and both side-view mirrors perspectives that capture the dynamics of driving in the real world.

Audio-visual aids:

- Hazard perception assessment with auto-assigned modules in the areas of deficiencies per individual assessment.

Time lines:

- *22min. as per the HP evaluation plus assessed modules, which can be range from on 3 to 12 modules at aprox. 18 min. each



CPD-9.2 E-learning hazard perception

(22 min.)

Our state of the art “hazard perception evaluation” is a risk identification analysis tool designed to identify high-risk drivers based on their ability to identify potentially dangerous situations that happen every day on our roadways. It measures the perceived acceptable driving risk of each individual driver. It has the ability to identify a fleet’s high-risk driver. The HP evaluation assesses an individual’s performance in six core competency areas: Danger Zones, The Other Motorist, Space Management, Speed Management, Scanning and Attitude.

Learning outcomes:

- To understand how attitudes and personality affects your driving
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Method:

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Audio-visual aids:

- Hazard perception assessment

Time lines:

- *22min.



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CPD-9.3 E-learning module specific (i.e. winter driving, speeding, etc.)

(18 min./per)

For those companies that wish to enhance and embed safety in their drivers on a continual basis yet in a very cost effective manner. This user friendly, high quality program will look after a company's motor vehicle fleet risk management needs.

Learning outcomes:

- Varies from each module

Method:

- The simulation section presents the driver with a view from behind the wheel as well as rear-view and both side-view mirrors perspectives that capture the dynamics of driving in the real world.

Audio-visual aids:

- Auto-assigned modules

Time lines:

- 18 min. each



E-learning course module library:

Defensive driving modules:

Seatbelts	Big trucks	Intersection problems
Intersection solutions	Deadly distractions	Speeding
Lane changes	ABS	Escape routes
Weather conditions	Auto theft	Road rage
Gas consumption	Vehicle maintenance	DUI consequences
Drowsy driving	Safe business travel	Safe freeway driving
Avoiding deer collisions	SUV's, trucks and minivans	Night driving
Fail-to-yield collisions	Defensive parking strategies	Parking lots and backing
Defensive backing strategies	Fuel efficient eco-driver	Roundabouts

Service vehicle training modules:

Speeding and braking	Adverse weather	Intersection and turning
Non-moving vehicle injuries	Service vehicle maintenance	Physical characteristics and driver distractions
Defensive backing and parking	Escape routes and space cushions	Lane changes and passing

Commercial truck training modules:

The professional defensive driver	Hazard avoidance	Emergency maneuvers
Proper use of mirrors	Adverse weather	Slips, trips, falls and back injuries
Drowsy driving	Defensive backing techniques	Commercial truck speeding
Deadly distractions	Failure to yield	Safe highway driving
Safely navigating intersections	Safe lane changes	

Medium duty vocational truck training modules:

Pre-trip inspection	Preventing slips, trips, falls and back injuries	Distractions
Emergency maneuvers	Drowsy driving	Failure to yield
Proper use of mirrors	Defensive backing strategies	Intersections
Adverse weather conditions	Speeding	Lane changes
Safe highway driving	The professional defensive driver	

Large passenger van training modules:

Van safety 1	Van safety 2
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Toronto - Montreal

T. 416-233-0179 - TF. 1-855-CPD-PR01 (1-855-273-7761)
info@canadianprodrivers.ca - www.canadianprodrivers.ca